INFO EVENT 2021

Want to know more...?

5 career building programs for female scientists at Swiss Universities
Presentation of 5 career building programs for female scientists at Swiss Universities:

- CONNECT – Connecting women’s careers in academia and industry
- Réseau romand de mentoring pour femmes
- REGARD
- feminno
- Fix the Leaky Pipeline (FLP)

Aim: Which program could be most supportive to you in your current situation.
CONNECT
Connecting Women’s Careers in Academia and Industry
Aim:
• Links academia and industry in a unique way
• Inspires you by its set-up of project partners, peers and analysis of your vision
• Helps to structure your career planning
• Offers you a network to exchange with role models in industry/public sector
• Offers you insights into different career opportunities and cultures

“A lot of myths about the industry were dispelled.”

Yvonne Müller, Paul Scherrer Institut
yvonne.mueller@psi.ch

Connect Women’s Careers in Academia and Industry
www.connect-women.ch
«Actually having access to those working in industry and being able to ask them questions, allowing for better understanding of the types of positions, work, benefits, and detriments of working in industry.»
CONNECT – Overview

<table>
<thead>
<tr>
<th>Target audience</th>
<th>Female Postdoc candidates, female PhD students at least in the second half of the PhD</th>
</tr>
</thead>
<tbody>
<tr>
<td>For participants from which Institution</td>
<td>ETH Domain (ETHZ, EPFL, PSI, Eawag, Empa, WSL), University of Zurich, NCCR Automation</td>
</tr>
<tr>
<td>Offerings</td>
<td>A series of in total 6-7 one-day workshops about career development, CV preparation and at company sites meeting role models from industry as well as universities of applied sciences. Workshops are spread over a time of approx. 6 months (first workshop in October 2021, closing workshop in February 2022)</td>
</tr>
<tr>
<td>Costs</td>
<td>CHF 400</td>
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<tr>
<td>Deadlines</td>
<td>Call 3 open until 27 of August, start workshops in October 2021. Application form on <a href="http://www.connect-women.ch">www.connect-women.ch</a> (CV and motivation letter needed)</td>
</tr>
<tr>
<td>Special conditions</td>
<td>Employment contract during time span of the program with one of the academic institutions.</td>
</tr>
</tbody>
</table>

«The networking aspects both between the participants as well as between the role-models from the companies are excellent. Furthermore the general structure of first having a coaching session, then visiting the companies and finishing with all together is a nice and round concept.»
Connect
Connecting Women’s Careers in Academia and Industry

Fix the leaky pipeline!
A career-building program for women in science

REGARD (Programme d'ateliers workshop program)
Réseau romand de mentoring pour femmes

Manuela Schicka
Universitiy of Fribourg
Description

- Mentoring program for women who want to pursue an academic career
- Coorporation between the Equal opportunities offices at the Universities of Geneva, Lausanne, Epfl, Neuchâtel and Fribourg
- Also financed by the SNFS
- Exists since 2000
- More than 250 mentees took already part
Offer

- Programm length: 18 months
- One-to-one mentoring with an experienced professor
- 4 group meetings for mentees with workshops
- New: financial support for individual coaching
Target group and selection criteria

• Women advanced in their PhD or post-doc, senior researcher
• Affiliated to partner university
• Candidates...
  ▫ Must show motivation to pursue an academic career
  ▫ Should already have undertaken some steps to achieve objectives
  ▫ Should be open minded
Additional information

• 11th edition from April 2021 – December 2022
• 12th edition: application process starts begining 2023
• Participation is free of charge
• More information: https://www.unifr.ch/f-mentoring/en/ or manuela.schicka@unifr.ch
Fix the leaky pipeline!
A career-building program for women in science

CONNECT
Connecting Women’s Careers in Academia and Industry

REGARD
Programme d’ateliers workshop program

ETH Domain’s Group of Equal Opportunities for Women & Men
REGARD – transversal skills workshop program for women researchers

MANUELA SCHICKA
UNIVERSITY OF FRIBOURG
Description

Collaboration of Equal opportunity offices of the universities of Fribourg, Geneva, Lausanne, Neuchâtel, EPFL and HES-SO

Workshops on academic career management
- Academic career planning
- Research project management
- Communication tools
- Personal development

Place for discussion and exchange with other female researcher
Target group

Assistants
PhD candidates
Post-docs
Senior researcher
Professors
Since 2021: some workshops also for men
<table>
<thead>
<tr>
<th>Dates</th>
<th>Inscription start</th>
<th>Ateliers Workshops</th>
<th>Lieu Location</th>
<th>Animation Trainer</th>
<th>Thème Topic</th>
<th>Public cible Target group</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1er &amp; 26th February</td>
<td>18th January</td>
<td>Project management for successful researchers</td>
<td>Online</td>
<td>Caroline Galli Marnier</td>
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<tr>
<td>16th February &amp; 30th October</td>
<td>18th January</td>
<td>Pitching myself for industry: my roadmap for success</td>
<td>Online, HES-SO</td>
<td>Romaine Johnstone</td>
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<tr>
<td>22nd April</td>
<td>11th January</td>
<td>Academia, ResearchGate, Twitter... : réseaux sociaux et visibilité sur Internet</td>
<td>En ligne</td>
<td>Aline Bouchard</td>
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<td>6</td>
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<tr>
<td>2nd March</td>
<td>20th January</td>
<td>Facilitation techniques for working groups</td>
<td>Online</td>
<td>Siara Isaac</td>
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</tr>
<tr>
<td>16th &amp; 30th March</td>
<td>2nd February</td>
<td>Emotional intelligence: why it matters</td>
<td>Online</td>
<td>Silke Mischke</td>
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<tr>
<td>16th April</td>
<td>5th March</td>
<td>Se préparer à la leçon d’épreuve</td>
<td>Genève</td>
<td>Mallory Schamb</td>
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<tr>
<td>20th April</td>
<td>9th March</td>
<td>Ally training for men: How to stand up against discrimination, sexism, and bias</td>
<td>Online</td>
<td>Roberta Palazzo</td>
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<tr>
<td>1st October</td>
<td>20th August</td>
<td>Reconnaître et affirmer ses potentiels</td>
<td>Genève</td>
<td>Motta Salvador</td>
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<td>8</td>
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<tr>
<td>26th April</td>
<td>15th March</td>
<td>Savoir négocier: techniques et stratégies</td>
<td>En ligne</td>
<td>Dagmire Fretler</td>
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<tr>
<td>9th May</td>
<td>25th March</td>
<td>Finding and applying for funding in academia</td>
<td>Online</td>
<td>Susanne Matuschek</td>
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<td>9</td>
</tr>
<tr>
<td>11th &amp; 24/25 May</td>
<td>25th March</td>
<td>Viser l’équilibre : vers une gestion consciente du temps et de l’énergie</td>
<td>Neuchâtel</td>
<td>Marie-Paule Haefliger</td>
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<td>10</td>
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<tr>
<td>18th &amp; 19th May &amp; 20th June</td>
<td>6th April</td>
<td>Self-empowerment: discover how to build your power to act</td>
<td>EPFL</td>
<td>Nir Zalis</td>
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<td>27th April</td>
<td>15th April</td>
<td>Pushing back against everyday sexism</td>
<td>Geneva</td>
<td>Siara Isaac</td>
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<td>11</td>
</tr>
<tr>
<td>28th May</td>
<td>16th April</td>
<td>Writing and publishing in academia</td>
<td>Lausanne</td>
<td>Sarah Staufer</td>
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<td>11</td>
</tr>
<tr>
<td>1st June</td>
<td>20th April</td>
<td>Increase your assertiveness in Institutional power games</td>
<td>Online</td>
<td>Sibyl Schüelder</td>
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<td>12</td>
</tr>
<tr>
<td>15th June</td>
<td>4th May</td>
<td>Comment monter une equipe de recherche ?</td>
<td>Lausanne</td>
<td>Brigitte Guichard</td>
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</tr>
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<td>17th June</td>
<td>6th May</td>
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<td>13</td>
</tr>
<tr>
<td>14th September</td>
<td>5th August</td>
<td>Gestion de conflits – coaching en groupe</td>
<td>Fribourg</td>
<td>Marie-Paule Haefliger</td>
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<td>13</td>
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<tr>
<td>17th September</td>
<td>6th October</td>
<td>Vulgariser sans bêtiférer</td>
<td>Lausanne</td>
<td>Virginie Pinault</td>
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<td>14</td>
</tr>
<tr>
<td>21st September</td>
<td>10th August</td>
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<td>Fribourg</td>
<td>Marie-Paule Haefliger</td>
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<td>13</td>
</tr>
<tr>
<td>23rd September</td>
<td>12th October</td>
<td>Prise de parole – botte à outils</td>
<td>Neuchâtel</td>
<td>Ewa Volacora Gendron</td>
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<td>14</td>
</tr>
<tr>
<td>14th October</td>
<td>2nd September</td>
<td>Academic mobility and dual career planning</td>
<td>Online</td>
<td>Sarah Blackford</td>
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<td>15</td>
</tr>
<tr>
<td>11th November</td>
<td>30th September</td>
<td>Research budgets: understanding and constructing them</td>
<td>Geneva</td>
<td>Jeandie Mochang</td>
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<td>15</td>
</tr>
<tr>
<td>22nd November</td>
<td>11th October</td>
<td>Question de regard ? Perception de soi et choix de carrière</td>
<td>HES-SO</td>
<td>Ana Maria Vidal</td>
<td></td>
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<td>16</td>
</tr>
<tr>
<td>5th December</td>
<td>22nd October</td>
<td>Devenir professeure, mettre toutes les chances de son côté !</td>
<td>Genève</td>
<td>Mallory Schamb</td>
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<td>16</td>
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</table>
Additional information

Registration opens 6 weeks before workshop date

Participation free of charge, but cancellation fee (if cancelled less than 7 days before workshop without valid reason)

Also open for researcher from other institution (CHF250, priority is given to researcher from partner institutions)

More information: https://www.unifr.ch/regard/en/ or manuela.schicka@unifr.ch
CONNECT
Connecting Women’s Careers in Academia and Industry

REGARD
Programme d’ateliers workshop program
Zurich-Basel Plant Science Center

feminno – female innovation and career development in Life Sciences

Dr. Daniela Gunz, feminno project coordinator, Career Services UZH
feminno program – female innovation and career development in life sciences

• **Started in 2018**, completed **4 rounds** to date (app. 75 women)

• **Call 5 starts in Sept. 2021**

• For **female scientist or alumna from a Swiss University**
  • interested in innovation and personal development
  • interested in career opportunities, especially in Switzerland, at the interface between research, innovation and industry
  • wanting to develop ideas into an innovation, generating a new technology, product or service either in cooperation with an enterprise or as a start-up

• Coordinated by the **Zurich-Basei Plant Science Center** and supported by
  • Career Services
  • Offices for Gender Equality and Diversity
  • Graduate Campus of University of Zurich
  • Life Sciences of ETH Zurich and University of Zurich
  • Faculties of Medicine and Sciences of UZH
  • Dept. of Environmental System Sciences at ETH Zurich
Programme

The programme (call 5) starts in September 2021 and comprises of the following stages

**Career retreat**
28-30 September 2021, three full day sessions with Dr Daniela Gunz, Career Services, University of Zurich

**Innovation seminars**
17 November 2021, 1 December 2021, app 6–10 p.m (two more dates in November TBC), four 4-hour evening sessions with Dr Cornelia Fürstenberger, Unitectra; Professor Carole Claire, Unisante, Lausanne; Michael Kropac, seecon; Dr Verena Lütschg, About tomorrow consulting, and others

**Company visits and exploratory workshops**
October 2021–January 2022, three company visits (companies TBC)

**Closing event**
Presentations, Networking & Celebration: End of Feb 2022
*Please note: we try to hold our workshop in person, some seminars may be hold virtually.*

**Training**

*Innovation Workshop: Create a Business Model Canvas*
19-20 October 2021, two full day sessions with Isabelle Siegrist, Sandborn

*Negotiation skills for conflict situations, business deals*
12-13 Januar 2021, two full day sessions with Gaby Rockmann, Rockmann Consulting

This program **IS** for you

- You are a female PhD student (best in years 3-5), postdoc, alumna in life sciences (and related fields) enrolled in a Swiss university.
- You have an idea for a start-up, spin-off or industry collaboration that you want to bring forward.
- You want to commit to 12 days of workshop and lectures (in person and virtually) and many hours of self-study in roughly half a year.

This program **IS NOT** for you

- You are not a female PhD student (best in years 3-5), postdoc, alumna in life sciences (and related fields) enrolled in a Swiss university.
- You have no clear idea what you would like to do once you finish your PhD, postdoc.
- You only need a little support in learning how to apply for an industry position.
- You may have already participated (recently) in other similar programs.
More information

- [www.feminno.ch](http://www.feminno.ch)
- Follow us on LinkedIn: [https://www.linkedin.com/company/feminno](https://www.linkedin.com/company/feminno)
- daniela.gunz@uzh.ch
CONNECT
Connecting Women’s Careers in Academia and Industry

REGARD
Programme d’ateliers workshop program
Fix the Leaky Pipeline Programme (FLP)
Daniela Hansen, daniela.hansen@sl.ethz.ch
Fix the Leaky Pipeline programme

• Career-building programme in the ETH Domain (ETHZ, EPFL, PSI, Empa, Eawag, WSL)

• Target group: female doctoral students, postdocs + other young scientists

• Help female scientists to continue their career in academia and show alternatives in industry

• Raise more women in leading positions in science and industry
• Annual programme starts with a Kick-off event in March
• Provide information about the programme
• All the coaches and trainers present themselves
• Panel discussion with female professors / group leaders
Please check start of registration on the website!

Coaching

- 6 groups at ETH Zurich & EPFL
- 8 participants per group
- 1 professional coach
- 5 coaching sessions (5 x ½ day)
- Participation in all 5 sessions
- Fee: 250 CHF for all sessions
- Optionally, an extra individual coaching session (50 CHF)

Courses

- 8 courses at ETH Zurich & EPFL
- Topics: Interviewing, Leadership, Self-Marketing, Career planning, Networking, Power Games, Emotional Intelligence, Academic Mobility
- 12 participants / 1 trainer
- 1-2 days, April - December 2021
- Fee: 1 day course 80 CHF
  2 day course 150 CHF
**One-to-one Mentoring**
- More experienced person (mentor from academia or industry) – less experienced person (mentee)
- For doctoral students (3\textsuperscript{rd} year and above) and postdocs
- 1 year

**Peer Mentoring**
- Group of persons (peers) constitute themselves as group
- 2-5 senior mentors (from academia or industry) assist the group selectively
- For doctoral students and postdocs
- Set a career-relevant topic on which the group wants to work
- Group organises workshops with trainers
- Budget of CHF 5000
- 1 year
Individual Coaching Session (new offering)

• One hour session with one of the coaches of the FLP programme at a reduced fee (CHF 50)
• Target group: course participants & mentees in one-to-one mentoring
<table>
<thead>
<tr>
<th>CONNECT</th>
<th>Réseau romand de mentoring pour femmes</th>
<th>REGARD</th>
<th>feminno</th>
<th>Fix the Leaky Pipeline (FLP)</th>
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<tbody>
<tr>
<td><strong>Target audience</strong></td>
<td>Female Postdoc candidates, female PhD students at least in the second half of the PhD</td>
<td>Female PhD students in last year, post-docs</td>
<td>Female PhD students, post-docs and professors (few workshop also for men)</td>
<td>Female PhD students, postdocs, other young scientists, alumnae</td>
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<td></td>
<td>Female PhD students, postdocs, other young scientists</td>
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<td><strong>For participants from which Institution</strong></td>
<td>ETH Domain (ETHZ, EPFL, PSI, Eawag, Empa, WSL), University of Zurich, NCCR Automation</td>
<td>All universities in Western Switzerland and EPFL</td>
<td>All universities in Western Switzerland and EPFL, if places available, open for all institutions</td>
<td>ETH Domain (ETHZ, EPFL, PSI, Eawag, Empa, WSL)</td>
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<td>All Swiss Universities and affiliates, plus alumnae from these universities</td>
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<td><strong>Offerings</strong></td>
<td>A series of in total 6-7 one-day workshops about career development, CV preparation and at company sites meeting role models from industry as well as universities of applied sciences.</td>
<td>One-to-one mentoring, Group meetings with workshops on soft skills, individual coaching (financial contribution), networking with other women in sciences</td>
<td>One- or two-day workshops with (female) experts on career developing</td>
<td>feminno bridges academic research career to entrepreneurship and industry career. Innovation workshops and seminars as well as personal development training by career advisers, coaches, innovation experts and executives from life-science enterprises</td>
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<td>Coaching groups, courses, mentoring (one-to-one + peer), individual coaching, networking events (participation in parts of programme is possible)</td>
</tr>
<tr>
<td><strong>Costs</strong></td>
<td>CHF 400</td>
<td>Free of charge</td>
<td>Free of charge for participants of the Western Switzerland universities and EPFL, for others CHF250/day</td>
<td>CHF 150 for ETH and UZH, CHF 800 for other universities, CHF for alumnae</td>
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<td>CHF 50 - 250</td>
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<tr>
<td><strong>Deadlines</strong></td>
<td>Call 3 open until 27 of August, start workshops in October 2021.</td>
<td>Next edition starts in the beginning of 2023</td>
<td>Inscription starts 6 weeks before workshop</td>
<td>Call 5 open since June 7, deadline for application is July 30. Start in Sept. 2021</td>
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<td>Different deadlines for each offering</td>
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<tr>
<td><strong>Special conditions</strong></td>
<td>Employment contract during time span of the program with one of the academic institutions.</td>
<td>Applicants have to be subscribed to one of the institution (PhD students) or being under contract</td>
<td>Some workshops are open only for a specific target group</td>
<td>ETH alumnae may get at visitor status at ETH and could profit from a lower fee.</td>
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<td>Employment contract during time span of offering in ETH Domain</td>
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<td><a href="http://www.fix-the-leaky-pipeline.ch">www.fix-the-leaky-pipeline.ch</a></td>
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<tr>
<td><strong>Contact</strong></td>
<td><a href="mailto:yvonne.mueller@psi.ch">yvonne.mueller@psi.ch</a></td>
<td><a href="mailto:manuela.schicka@unifr.ch">manuela.schicka@unifr.ch</a></td>
<td><a href="mailto:manuela.schicka@unifr.ch">manuela.schicka@unifr.ch</a></td>
<td><a href="mailto:daniela.gunjz@uzh.ch">daniela.gunjz@uzh.ch</a></td>
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<td><a href="mailto:daniela.hansen@sl.ethz.ch">daniela.hansen@sl.ethz.ch</a></td>
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</tbody>
</table>
Thank you very much for joining!

We are looking forward to receiving your application.
Please, do not hesitate to reach out to us in case of questions.

The slides will be available here: https://www.connect-women.ch/infoevent2021/